



Education & Children's Services
Improving Lives Together
Ambition | Compassion | Integrity



Course Choice Information – Survival Cookery – S6 only

Course Information & Content

The Course aims to enable learners to:

- develop basic cooking skills.
- understand how to budget and shop for food
- develop a better understanding of food hygiene and safety
- develop their basic understanding of nutrition.

There will be a charge of £35 towards the cost of ingredients. This may be paid in instalments via Parent Pay

Assessment

Learners will gain certificates in:

- REHIS Elementary Food Hygiene SCQF Level 5 with 1 credit.
- REHIS Elementary Food and Health SCQF Level 5 with 1 credit.

Homework

Pupils should arrive to class with an appropriate container to transport food home safely.

Progression

For pupils who would like to develop basic life skills before going off to College / University or into the world of work.

