

Monday	Tuesday	Wednesday	Thursday	Friday
<b>WEEK 1</b>				
chicken gyro	Chicken meatball tomato pasta pot	bolognaise pasta pot	Chilli and nachos	fish and chips
quorn sausage casserole	Macaroni loaded wedges	jambalya rice pot	Tomato and pesto pasta	cheese and tomato pizza and chips
rollover hot dog	Macaroni pasta pot pot	Beef Burger	cajun chicken loaded wedges	Breaded Chicken burger and chips
cheese pizzini	Southern fried goujon munchy box	Cheese Burger	Hunters Chicken Burger	cheese panini
spicy chicken pizzini	Fish Finger Munchy box	steak bake	Sweet chilli Chicken hot wrap	cheese and ham panini
cheese panini	Gourmet Bbq chicken burger	macaroni pie	cheese panini	piri piri chicken panini
cheese and ham panini	cheese panini	cheese panini	cheese and ham panini	
cheese and onion panini	cheese and ham panini	cheese and ham panini	Chicken tikka melt panini	
	tuna melt panini	BBQ chicken Paninin		
<b>WEEK 2</b>				
cajun chicken loaded wedges	red thai chicken noodle pot	steak pie	Chinese style chicken rice and cur	fish and chips
Sweet potato and coconut curry	Cheese and tomato calzone	Vegetable noodles	vegeball marinara sub roll	mexican burrito
rollover hot dog	Southern fried goujon munchy box	Beef Burger	Piri Piri Chicken loaded Wedges	cheese and tomato pizza and chips
cheese pizzini	Fish Finger Munchy box	Cheese Burger	Chicken Parm Burger	Breaded Chicken burger and chips
spicy chicken pizzini	Chicken fajita Hot wrap	steak bake	Gourmet Bbq chicken burger	cheese panini
cheese panini	cheese panini	no sausage roll	cheese panini	cheese and ham panini
cheese and ham panini	cheese and ham panini	cheese panini	cheese and ham panini	piri piri chicken panini
cheese and onion panini	tuna melt panini	cheese and ham panini	Chicken tikka melt panini	
		BBQ chicken Paninin		
<b>WEEK 3</b>				
Chicken fillet and gravy with yorkie	Salmon Fishcake	steak pie	Chicken tikka rice pot	fish and chips
Meat Free Taco	tomato pasta pot	simon howie veggie burger	lasagne	vegetable risotto
rollover hot dog	Southern fried goujon munchy box	Beef Burger	cajun chicken loaded wedges	cheese and tomato pizza and chips
cheese pizzini	Fish Finger Munchy box	Cheese Burger	Hunters Chicken Burger	Breaded Chicken burger and chips
spicy chicken pizzini	Piri Piri Chicken Burger	steak bake	Chicken fajita Hot wrap	cheese panini
cheese panini	cheese panini	macaroni pie	cheese panini	cheese and ham panini
cheese and ham panini	cheese and ham panini	cheese panini	cheese and ham panini	piri piri chicken panini
cheese and onion panini	tuna melt panini	cheese and ham panini	Chicken tikka melt panini	
		BBQ chicken Paninin		
<b>WEEK 4</b>				
Katsu chicken curry rice pot	Salmon and sweet potato fishcake	BBQ chicken pizza	Cottage pie	fish and chips
tomato pasta pot	Macaroni loaded wedges	Beef Burger	Quorn Korma curry and rice	golden savoury rice
rollover hot dog	Macaroni pasta pot pot	Cheese Burger	Piri Piri Chicken loaded Wedges	cheese and tomato pizza and chips
cheese pizzini	Southern fried goujon munchy box	steak bake	Chicken Parm Burger	Breaded Chicken burger and chips
spicy chicken pizzini	Fish Finger Munchy box	no sausage roll	Piri Piri Chicken Burger	cheese panini
cheese panini	Sweet chilli Chicken hot wrap	cheese panini	cheese panini	cheese and ham panini
cheese and ham panini	cheese panini	cheese and ham panini	cheese and ham panini	piri piri chicken panini
cheese and onion panini	cheese and ham panini	BBQ chicken Paninin	Chicken tikka melt panini	
	tuna melt panini			